

BEVERAGES

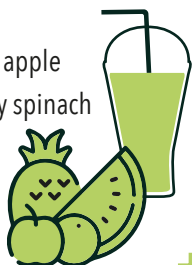
Water	1€
Soft drinks	3,50€ from 5pm ▶ 5€
Crodino - San Bitter	4€ from 5pm ▶ 5€
Seasoned tomato	7€
Redbull, zero, white edition, red edition	4€ from 5pm ▶ 5€
Redbul organics tonic, bitter lemon, ginger beer, ginger ale, black orange, mate	4€ from 5pm ▶ 5€
Bitter and Liqueurs	from 4€ from 5pm ▶ from 5€

GÜD JUICE 4,5€

from 5pm ▶ 5€

FRESH FRUIT
EXTRACTS

- Maddalena** - pomegranate, lemon, apple
- Vulcano** - apple, pear, avocado, baby spinach
- Panarea** - lemon, mint, apple
- Linosa** - mango, apple, orange
- Giglio** - ginger, apple



FRESH ORANGE, GRAPEFRUIT
AND MIXED FRUIT JUICE
FROM 5pm ▶ 5€

4€

TAKE A BEER

BOTTLED BEER 5€ FROM 5pm ▶ 7€
0,33 CL.

ICHNUSA NON FILTRATA
BIRRA MESSINA CRISTALLI DI SALE
DAURA GLUTEN FREE 6€



FROM 5PM

happy
GÜD

BOTTLED CRAFT BEER 7€
BIRRIFICIO ITALIANO 0,33 CL.

- TIPOPILS 5,2 % VOL.**
(blonde, hopped and light beer)
- FINISTERRAE 5 % VOL.**
(blonde, malt and scented beer)
- BIBOCK 6,2 % VOL.**
(amber, fruity, double malt beer)
- IPA ASTEROID 6,6€ VOL.**



APERIGÜD

WITH FIERO E TONIC

- FIERO & TONIC 7€** from 5pm ▶ 8€
Martini fiero, organics tonic
- FIERO SPRITZ 7€** from 5pm ▶ 8€
Martini fiero, prosecco, soda
- FIERO GÜD 10€**
Martini Fiero, Bombay sapphire, ginger, cucumber
- NEGRONI RISERVA 12€**
Martini bitter 1872, martini riserva rubino, bombay sapphire
- AMERICANO RISERVA 12€**
Martini bitter 1872, martini riserva rubino, soda
- ST-GERMAIN HUGO 12€**
St-Germain, prosecco, soda, lime juice



GÜD COCKTAILS

- GIN TONIC ZERO 10€**
Seedlip spiced, grapefruit juice, organics tonic
- LONDON MULE ZERO 10€**
Seedlip Groover, lemon juice, organics ginger beer
- PEACH BITTER 11€**
Martini bitter riserva 1872, alamea peach brandy, Organics black orange, lemon juice
- MANGO COOLER 11€**
42below, bitter truth pimento dram, orange juice, lime juice, angostura bitter
- VIOLETTA COLLINS 12€**
Bombay sapphire premier cru, violet liqueur, St-germain cordiale, lemon juice, Peychaud's bitter
- COCO PASSION 13€**
Santa Teresa 1796, Leblon cachaca, alamea coconut, lime juice, passion fruit, sugar
- SEX TOMMY'S 13€**
Crème de banana, patron silver, llegal mezcal



GIN TONIC LIST

WITH ORGANICS
TONIC

- BOMBAY SAPPHIRE LONDON DRY GIN, UK 10€**
- OXLEY LONDON DRY GIN, UK 14€**
- BOMBAY SAPPHIRE PREMIER CRU, UK 14€**
- TANQUERAY LONDON DRY GIN 10€**
- BULLDOG, LONDON DRY GIN, UK 12€**
- ELEPHANT, BOTANICHE AFRICANE, GERMANY 14€**
- GIN MARE, MEDITERRANEAN GIN, SPAIN 14€**
- MONKEY 47, BLACK FOREST DRY GIN, GERMANY 14€**
- HENDRICK'S UK 14€**
- FIFTY POUNDS LONDON GIN, UK 14€**
- COPPERHEAD BLACK BATCH, LONDON DRY GIN, BELGIO 14€**
- PORTOFINO DRY GIN, ITALY 14€**
- GIN DEL PROFESSORE CROCODILE, ITALY 14€**
- SEVEN HILLS, DRY GIN, ITALY 14€**



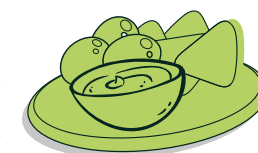
COFFEE, INFUSION & HOT DRINKS

		FROM 5 P.M.
Coffee	1,00€	1,00€
Decaffeinated Coffee	1,50€	2,00€
Barley Coffee	small 1,30€ big 1,50€	2,00€
Caffe ginseng	small 1,30€ big 1,50€	2,00€
Decaffeinated Coffee	1,30€	1,50€
Long Black	1,30€	1,50€
Coffee-flavoured cold cream	2,00€	2,50€
Marocchino	1,50€	2,00€
Cappuccino	1,50€	2,00€
Cappuccino (classic, soya, almond)	2,00€	2,00€
Decaffeinated Cappuccino	1,50€	2,00€
Iced Coffee	3,50€	4,00€
Iced Coffee and liqueur	5,00€	5,00€
Latte macchiato	2,30€	2,50€
Latte macchiato (classic, soya, coconut)	2,50€	3,00€
Te Damman Freres (green, black, white tea)	3,00€	3,50€
Tisana Fid Ji	3,00€	3,50€
(mela, zenzero, lime, citronella, arancia)		
Tisana rooibos	3,00€	3,50€
(apple, ginger, lime, citronella, orange)		
Chamomile	2,50€	3,00€
macha latte	4,00€	5,00€
macha cacao	4,00€	5,00€
golden drink	4,00€	5,00€

happy
GÜD

from 5 p.m.

ALL DRINKS AND BEERS
WILL BE SERVED WITH OUR
ASSORTMENT OF APPETIZERS



NATURAL CENTRIFUGES 5€

GÜD DETOX: Apple, celery, cucumber

GÜD ENERGY: Carrots, ginger, orange and lemon juice

GÜD TASTE: Strawberries, pineapple, apple

GÜD VIBES: Mint, lime, apple, pineapple



CROISSANT & MUFFIN

Croissant filled or plain 1,50€ Muffin 3€

Mini Croissant filled or plain 1€ Dry biscuits 2€

Mini muffin 1€

GÜD SWEETS 5€

BARLEY BASED TIRAMISÙ

Allergens: egg, lactose, gluten

CHEESECAKE WITH WILD BERRIES

AND ALMOND CRUMBLE

Allergens: egg, nuts, lactose



GÜD YOGURT 4€

GÜD POKÈ BOWLS

The idea was born from the interpretation of the classical Chirasci from Japanese cuisine, prepared using different varieties of rice, cooked sushi style.

Our Italian Cirasci is seasoned with top quality ingredients from Italian, mediterranean and international cuisine.



Sea-ciliano 13€

Whole grain red rice, shrimps, dried tomato pesto, crispy capers, buffalo mozzarella DOP, basil, lemon zest

Allergens: lactose, shellfish, nuts

Hawaiano 2.0 12€

Basmati rice, beetrot marinated salmon, avocado, edamame, spring onion, Philadelphia, white sesame and ponzu sauce

Allergens: gluten, fish, soy, lactose, sesame, sulphites

VEG

Summer Green 12€

Wholemeal red rice, cucumber salad, cherry tomatoes, basil, celery, ginger, yogurt sauce, lemon zest

Allergens: lactose, celery

GÜD fresh salads

Caesar Salad 12€

Curly salad, free-range chicken, crispy bacon, parmesan flakes, croutons of bread, Caesar sauce

Allergens: lactose, gluten, sulphites, egg

Esotica 12€

Misticanza Salad, Citrus flavoured Oil, marinated Shrimps, Spicy Ananas, Cashew nuts, spring onion, coriander, mango

Allergens: nuts, shellfish

Modenese 11€

Misticanza salad, Parmigiano Reggiano slices, confit tomatoes, balsamic vinegar, mais, bread croutons

Allergens: lactose, sulphites, gluten, nichel

LE FOCACCE OUR HOME-MADE FOCACCIA

Our focaccia is made with a dough of whole grain Bio flour, 24 hours natural rising, light and crispy. The Focaccia is seasoned with top quality Italian ingredients.

Strepitosa 12€

Straciatella cheese, cherry tomatoes, rocket, Parma ham, evo Oil

Allergens: lactose, sulphites, gluten, soy, sesame

Regina Margherita 11€

Tomato of Piennolo DOP, Mozzarella of bufala campana DOP, basil, oregano and extra virgin olive oil

Allergens: lactose, gluten, soy, sesame

NEW

Contadina 12€

Mortadella with pistachio, straciatella cheese, pistachios, dried tomatoes pesto

Allergens: lactose, gluten, nuts, soy, sesame

AVO TOAST

Güd Med 5€

Rye bread, avocado, cherry tomato, basil, sesame seeds

Allergens: sesame, gluten

Avospecial 7€

Rye bread, beet salmon, avocado, sesame seeds, dill

Allergens: fish, lactose, gluten, sesame

HOMEMADE TOAST 5€

TARTARE

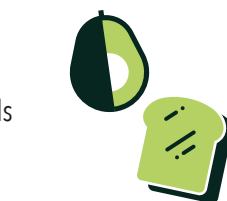
discover the tartare of the day



JUST WITH QUALITY
RAW MATERIALS



MADE WITH
A DOUGH OF WHOLE
GRAIN BIO FLOUR



SERVED WITH FOCACCIA SLICE

WHITE WINES

Wine glass 6€ Bottle 30€

FROM 5PM Wine glass 7€ Bottle 35€

- Vermentino, Audarya DOC Sardegna - 13.5%
- Ribolla gialla Collio DOP Vigna dell'Auro, Friuli - 12.5%

Wine glass 7€ Bottle 35€

FROM 5PM Wine glass 8€ Bottle 40€

- Falanghina San salvatore IGP, Campania - 13.5%
- Grechetto, Fioranello, Tenuta di Fiorano, Lazio - 12.5%
- Alto Adige Gewürztraminer DOC, Kossler - 14%

ROSÈ WINES

Wine glass 6€ Bottle 30€

FROM 5PM Wine glass 7€ Bottle 35€

- Susumaniello Tenuta Serranova IGP, Salento - 13%

RED WINES

Wine glass 6€ Bottle 30€

FROM 5PM Wine glass 7€ Bottle 35€

- Barbera d'alba, Pelisa DOC Piemonte - 14.5%

Wine glass 7€ Bottle 35€

FROM 5PM Wine glass 8€ Bottle 40€

- Alto Adige Pinot nero DOC, Kossler - 13%
- Fioranello, Cabernet Sauvignon, Tenuta di Fiorano, Lazio - 13.5%

SPARKLING WINES

Wine glass 6€ Bottle 30€

FROM 5PM Wine glass 7€ Bottle 35€

- Jeio prosecco DOCG Valdobbiadene, Veneto - 11.5%

Wine glass 7€ Bottle 35€

FROM 5PM Wine glass 8€ Bottle 40€

- Ferrari maximum Brut (trentodoc) - 12.5%
- Ferrari maximum Rosè (trentodoc) - 12.5%

Bottle 40€

FROM 5PM Bottle 45€

- Franciacorta, Barone Pizzini, Animante Extra Brut - 12.5%
- Franciacorta, Barone Pizzini, Animante Rosè - 12.5%

CHAMPAGNE

Bottle 120€

- Champagne Brut "R de Ruinart", Ruinart - 12%

In compliance with health and hygiene regulations, all raw fishery products are stored at -22° for 24 hours. In case of lack of fresh products some ingredients could be frozen. Allergens are selected by Reg UE N.1169/2001. In our lab kitchen we use flour, soy, nuts and this ingredients might contaminate others food. Please ask to our staff for further details.



FROM 5 P.M.

happy
GÜD



FOLLOW US
GÜD.MILANO



TAKE AWAY