

## BEVERAGES

Water	1,50€
GÜD Water	1€
Soft drinks	4€   from 5 P.M. ▶ 5€
Crodino - San Bitter	4€   from 5 P.M. ▶ 5€
Seasoned tomato	7€
Bitter and Liqueurs	from 4€   from 5 P.M. ▶ from 5€
Redbull, zero, white edition,	
red edition	4€   from 5 P.M. ▶ 5€
Redbul organics tonic, bitter lemon, ginger beer, ginger ale, black orange, mate	4€   from 5 P.M. ▶ 5€



### GÜD JUICE 4,50 € FROM 5pm ▶ 5 €

FRESH FRUIT  
EXTRACTS

- Maddalena** - pomegranate, lemon, apple
- Vulcano** - apple, pear, avocado, baby spinach
- Panarea** - lemon, mint, apple
- Linosa** - mango, apple, orange
- Giglio** - ginger, apple



### FRESH ORANGE JUICE

4€ | FROM 5 P.M. 5€

## TAKE A BEER

### BOTTLED BEER 5€ 0,33 CL.

from 5 P.M. ▶ 7€

**HEINEKEN, ICHNUSA CRUDA, HEINEKEN 0.0,  
BIRRA MESSINA CRISTALLI DI SALE  
SLALOM STRONG, DAURA GLUTEN FREE**



### TAP BEERS 0,40 CL.

- ICHNUSA 6€**  
(from sardina, bitter beer)
- ICHNUSA NON FILTRATA 6€**  
(left to settle, the beer keeps the yeasts)
- BIRRA MORETTI LA BIANCA 6€**  
(the new italian Weiss)
- BIRRA MORETTI LA ROSSA 6€**  
(bock beer, produced with 100% Italian malt)
- Birra Moretti IPA 6€**  
(high fermentation beer, long maturation of yeasts in vats)

## APERIGÜD

WITH FIERO E TONIC

- FIERO & TONIC 7€ from 5pm ▶ 8€**  
Martini fiero, organics tonic
- FIERO SPRITZ 7€ from 5pm ▶ 8€**  
Martini fiero, prosecco, soda
- FIERO GUD 10€**  
Martini Fiero, Bombay sapphire, ginger, cucumber
- NEGRONI RISERVA 12€**  
Martini bitter 1872, martini riserva rubino, bombay sapphire
- AMERICANO RISERVA 12€**  
Martini bitter 1872, martini riserva rubino, soda
- ST-GERMAIN HUGO 12€**  
St-Germain, prosecco, soda, lime juice



## GÜD COCKTAILS

- GIN TONIC ZERO 10€**  
Seedlip spiced, grapefruit juice, organics tonic
- LONDON MULE ZERO 10€**  
Seedlip Groover, lemon juice, organics ginger beer
- PEACH BITTER 11€**  
Martini bitter riserva 1872, alamea peach brandy, Organics black orange, lemon juice
- MANGO COOLER 11€**  
42below, bitter truth pimento dram, orange juice, lime juice, angostura bitter
- VIOLETTA COLLINS 12€**  
Bombay sapphire premier cru, violet liqueur, St-germain cordiale, lemon juice, Peychaud's bitter
- COCO PASSION 13€**  
Santa Teresa 1796, Leblon cachaca, alamea coconut, lime juice, passion fruit, sugar
- SEX TOMMY'S 13€**  
Crème de banana, patron silver, llegal mezcal



## GIN TONIC LIST

WITH ORGANICS  
TONIC

- BOMBAY SAPPHIRE LONDON DRY GIN, UK 10€**
- OXLEY LONDON DRY GIN, UK 14€**
- BOMBAY SAPPHIRE PREMIER CRU, UK 14€**
- TANQUERAY LONDON DRY GIN 10€**
- BULLDOG, LONDON DRY GIN, UK 12€**
- ELEPHANT, BOTANICHE AFRICANE, GERMANY 14€**
- GIN MARE, MEDITERRANEAN GIN, SPAIN 14€**
- MONKEY 47, BLACK FOREST DRY GIN, GERMANY 14€**
- HENDRICK'S UK 14€**
- FIFTY POUNDS LONDON GIN, UK 14€**
- COPPERHEAD BLACK BATCH, LONDON DRY GIN, BELGIO 14€**
- PORTOFINO DRY GIN, ITALY 14€**
- GIN DEL PROFESSORE CROCODILE, ITALY 14€**
- SEVEN HILLS, DRY GIN, ITALY 14€**



## COFFEE & INFUSION

Coffee	1,20€
Decaffeinated Coffee	1,50€
Barley Coffee	small 1,50€   big 2,00€
Caffe ginseng	small 1,50€   big 2,00€
Long Black	2,00€
Marocchino	2,00€
Cappuccino (classic, soya, almond, coconut)	2,00€
Decaffeinated Cappuccino	2,00€
Iced Coffee	3,50€
Iced Coffee and liqueur	5,00€
Latte macchiato (classic, soya, almond, coconut)	2,00€
Chamomile	3,50€
Te Damman Freres (green, black, white tea)	3,50€
Tisana Fid Ji (mela, zenzero, lime, citronella, arancia)	3,50€
Tisana rooibos	3,50€
(apple, ginger, lime, citronella, orange)	
macha latte	4,00€   from 5 P.M. ▶ 5,00€
macha cacao	4,00€   from 5 P.M. ▶ 5,00€
golden drink	4,00€   from 5 P.M. ▶ 5,00€

happy  
GÜD



from 5 P.M.

ALL DRINKS AND BEERS  
WILL BE SERVED  
WITH OUR HOT CHIPS





## CROISSANT & MUFFIN

Croissant filled or plain	1,50€
Mini Croissant filled or plain	1€
Muffin	3,50€
Mini muffin	1,50€

## GŪD SWEETS 5€

**BARLEY BASED TIRAMISŪ**  
Allergens: egg, lactose, gluten

**CHEESECAKE WITH WILD BERRIES AND ALMOND CRUMBLE**  
Allergens: egg, nuts, lactose



## HOMEMADE TOAST 5€

## GŪD POKÈ BOWLS

The idea was born from the interpretation of the classical Chirasci from Japanese cuisine, prepared using different varieties of rice, cooked sushi style. Our Italian Cirasci is seasoned with top quality ingredients from Italian, mediterranean and international cuisine.

### Mexicano 12€

Basmati rice, free-range chicken, avocado cream, black beans, pico de gallo and mais tortilla  
Allergeni: gluten



BEST SELLER

### Hawaiano 2.0 12€

Basmati rice, beetrot marinated salmon, avocado, edamame, spring onion, Philadelphia, white sesame and ponzu sauce  
Allergens: gluten, fish, soy, lactose, sesame, sulphite

VEG

### Summer Green 12€

Wholemeal red rice, cucumber salad, cherry tomatoes, basil, celery, ginger, yogurt sauce, lemon zest  
Allergens: lactose, celery

## GŪD BAO

The inspiration comes from Gua-Bao, a steamed Chinese sandwich filled with various flavors. We use natural yeast and only highest quality Italian flours with stuffing that range from various gastronomic cultures. **All this makes them soft, delicate, easily digestible and... fun!**



### Zen BAO 5€

Bao, soft suckling pig, zen sauce, jackdaws and daikon  
Allergens: sesame, soia, gluten, sedano, latticini

### Bubba BAO 5€

Bao, shrimps, mayonnaise, chives, lime zest  
Allergens: shellfish, gluten, uova, latticini

### Italian BAO 5€

Bao, stracciatella cheese, eggplant caponata and basil  
Allergens: frutta a guscio, latticini, gluten

TASTE ALL OF THEM AND TRY OUR COMBO!  
13€

## GŪD fresh salads

### Modenese 11€

Misticanza salad, Parmigiano Reggiano slices, confit tomatoes, balsamic vinegar, mais, bread croutons  
Allergens: lactose, sulphites, gluten, nichel

### Caesar Salad 12€

Curly salad, free-range chicken, crispy bacon, parmesan flakes, croutons of bread, Caesar sauce  
Allergens: lactose, gluten, sulphites, egg



ONLY FIRST QUALITY RAW MATERIALS

## GŪD FRIED FOOD

We wanted to guarantee a healthy and light final product, for this reason our batter is made with bio rice flour and Ichnusa non filtered beer. We only use top quality ingredients and we change the oil every day!

### Fish&Chips\* 11€

Battered\* fried white cod, skinned country potatoes, salsa tartara and home made peas sauce  
Allergens: fish, egg, gluten

### Chick'n'Chips 10€

Battered fried chicken marinated with thyme and spices, skinned country potatoes, maionese al rafano  
Allergens: lattosio, gluten



### Rustic potatoes with peel 4€

## WHITE WINES

Wine glass 6€ Bottle 30€

FROM 5PM Wine glass 7€ Bottle 35€

- Vermentino, Audarya DOC Sardegna - 13.5%
- Ribolla gialla Collio DOP Vigna dell'Auro, Friuli - 12.5%

Wine glass 7€ Bottle 35€

FROM 5PM Wine glass 8€ Bottle 40€

- Falanghina San salvatore IGP, Campania - 13.5%
- Grechetto, Fioranello, Tenuta di fiorano, Lazio - 12.5%
- Alto Adige Gewürztraminer DOC, Kossler - 14%

## ROSÈ WINES

Wine glass 6€ Bottle 30€

FROM 5PM Wine glass 7€ Bottle 35€

- Susumaniello Tenuta Serranova IGP, Salento - 13%

## RED WINES

Wine glass 6€ Bottle 30€

FROM 5PM Wine glass 7€ Bottle 35€

- Barbera d'alba, Pelisa DOC Piemonte - 14.5%

Wine glass 7€ Bottle 35€

FROM 5PM Wine glass 8€ Bottle 40€

- Alto Adige Pinot nero DOC, kossler - 13%
- Fioranello, Cabernet Sauvignon, Tenuta di fiorano, Lazio - 13.5%

## SPARKLING WINES

Wine glass 6€ Bottle 30€

FROM 5PM Wine glass 7€ Bottle 35€

- Jeio prosecco DOCG Valdobbiadene, Veneto - 11.5%

Wine glass 7€ Bottle 35€

FROM 5PM Wine glass 8€ Bottle 40€

- Ferrari maximum Brut (trentodoc) - 12.5%
- Ferrari maximum Rosè (trentodoc) - 12.5%

Bottle 40€

FROM 5PM Bottle 45€

- Franciacorta, Barone Pizzini, Animante Extra Brut - 12.5%
- Franciacorta, Barone Pizzini, Animante Rosè - 12.5%

## CHAMPAGNE

Bottle 120€

- Champagne Brut "R de Ruinart", Ruinart - 12%

In compliance with health and hygiene regulations, all raw fishery products are stored at -22° for 24 hours. In case of lack of fresh products some ingredients could be frozen. Allergens are selected by Reg UE N.1169/2001. In our lab kitchen we use flour, soy, nuts and this ingredients might contaminate others food. Please ask to our staff for further details.



FROM 5 P.M.  
happy  
GŪD



FOLLOW US  
GUD.MILANO



TAKE AWAY